



GROW A LOTUS

Children's Yoga Teacher Training Application *Spring 2020*

Personal Information

Name: _____

Address: _____

Phone Number: _____

Email Address: _____

Birthdate: _____

Please indicate the best day of the week and time to reach you for a follow up phone interview :

Background Information

How many years have you been practicing yoga? _____

What is the primary style of Hatha yoga that you practice? _____

What other styles do you practice? _____

How often do you practice yoga? _____

If YES, please describe: _____

Have you completed a 200-hour Yoga Teacher Training? (*please note you do not have to have completed a 200 hour training for this course*) _____

If YES, please indicate when and where: _____

Are you currently teaching yoga? _____

Do you have any experience working with children? _____

(Include parenting)

If YES, please explain: *(include education and experience pertaining to children)*

Are you currently working with children? _____

If YES, please describe the nature of your work:

Why do you want to teach yoga to children? *Or, if you have no plans to teach yoga, why do you want to take this program? (200-250 words)**

What are you looking to receive from this program? _____

_____ I am applying for the FULL 95 hour certification and will attend all weekends and take part in the practicum hours.

Please add any comments or questions that you feel are important in relation to the training. If you need more space, please use the back.

Children's Yoga YTT Registration Terms & Conditions

Registration & Payment

1. Please send application via email leanne@growalotus.com or mail: c/o Grow A Lotus Yoga Leanne Whiting, 1669 Cambridge Street, Halifax, NS B3H 4A5
2. You will be notified by email when your registration has been received.

Payment Options

Option 1: Full Payment _____

\$200 deposit due upon registration.

Full payment (\$2150 +tax - deposit) + hst due March 1st, 2020

Option 2: Payment Plan _____

\$200 deposit due upon registration.

+ 4 payments of \$540 + hst due on the following dates:

March 1st, 2020 / April 1st, 2020 / May 1st, 2020 / June 1st, 2020

Refund/Cancellation Policy

- Full refunds are available up until February 15th, refunds are subject to a \$150 processing fee.
- Partial (50%) refunds are available until March 15th, plus \$150 processing fee.
- No refunds will be given after the program has started.

Contact & Enquiries

For inquiries regarding the Teacher Training, please email: leanne@growalotus.com

Disclaimer / Waiver of Liability

By registering for this Grow A Lotus Yoga Inc. Teacher Training Program, you voluntarily declare the following: I, a participant of this program, am aware that participating in the program requires certain levels of fitness and general physical health.

I acknowledge and voluntarily assume my responsibility to assess my level of fitness and general health (including where appropriate consulting my physician or doctor) and the risks of serious injury that are associated with physical activity of any kind including any variety of yoga, meditation and breath work practice and participation in yoga related activities or teacher training activities related to this program. I will retain all direction over my activities. I voluntarily assume full liability and accept the risk of harm, including physical injury and discomfort as a result of my participation in the various teacher training activities.

I, or anyone who could claim in my name or on my behalf, do hereby voluntarily waive, release and forever discharge Grow A Lotus Yoga Inc. and its representatives from any and all liabilities for injuries or damages resulting from my participation in the teacher training during the course of this program and hold them harmless from all claims which may be brought against them for any such injuries or claims as aforesaid and all costs and expenses incidental thereto.

(Signature)

(Date)